



**Breakfast
\$1.50**
If writing a check,
please make
payable to:
DOC Nutrition
Services

BREAKFAST Menu Correspond the cycle week to the color-coordinated calendar below. **August-December 2019**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Fruit Cocktail 100% Fruit Juice ½ Pt. Milk	Pizza for Breakfast (Bacon, Egg & Cheese) or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk
2	Cinnamon Roll or) Bowl of Cereal Fruit Cocktail 100% Fruit Juice ½ Pt. Milk	Sausage, Egg & Cheese Sliders or) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	Cereal Bar with Yogurt or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk
3	Breakfast Muffin or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Pizza for Breakfast (Bacon, Egg & Cheese) or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Bun or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk
4	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	Cereal Bar with Yogurt or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Breakfast Apple Bites or) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk



Please note that regulations require that at least one fruit side be chosen with each breakfast.
Substitutions of items may be necessary.



This institution is an equal opportunity provider.

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Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan