

**Lunch Includes:**

- \*Main or Alternate Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today

**LUNCH Menu**

Correspond the cycle week to the color-coordinated calendar below.

**August-May 2025**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	French Toast Sticks with Syrup <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Tator Tots Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub <i>or A) Popcorn Chicken with a Breadstick</i> Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Dinner Roll <i>or A) Hamburger or Cheeseburger on a Bun</i> French Fries <i>or</i> Tossed Garden Salad Fruit Cup Cookie treat!	Mozzarella Sticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
<b>2</b>	Fiestada Pizza <i>or A) Chicken Nuggets with a Dinner Roll</i> Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast <i>or A) Mini Corn Dogs</i> Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Corn Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!	Popcorn Chicken with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich <i>or A) Cheese Pizza with Dipping Sauce</i> Carrot Sticks & Dip Peaches <i>or</i> Seasonal Fresh Fruit
<b>3</b>	Pepperoni Pizza <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Carrots Pears <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup <i>or A) Popcorn with a Chicken Breadstick</i> Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Hot Dog on a Bun <i>or A) Hamburger or Cheeseburger on a Bun</i> Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mac & Cheese Pretzel Rod <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Applesauce Cup <i>or</i> Seasonal Fresh Fruit
<b>4</b>	Riblet Sandwich <i>or A) Chicken with a Nuggets Dinner Roll</i> Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce <i>or A) Mini Corn Dogs</i> Carrots <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Mashed Potatoes and Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Tenders with a Breadstick (Spicy OR Regular) <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Cheese Stuffed Breadsticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit Cookie Treat!

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider, employer, and lender.**

August 2025						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September 2025						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

December 2025						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan