



Catholic Diocese of Cleveland
 Nutrition Services
 Nourishing Tomorrow, Today



BREAKFAST Menu Correspond the cycle week to the color-coordinated calendar below. **August-December 2025**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
2	Breakfast Bun or) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk
3	Breakfast Muffin or) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese) or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll or) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
4	Breakfast Bun or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.
 Substitutions of items may be necessary.

This institution is an equal opportunity provider, employer, and lender.

August 2025

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September 2025

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

December 2025

S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan

Lunch Includes:

- *Main or Alternate Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-May 2025

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sticks with Syrup <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Tator Tots Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub <i>or A) Popcorn Chicken with a Breadstick</i> Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Dinner Roll <i>or A) Hamburger or Cheeseburger on a Bun</i> French Fries <i>or</i> Tossed Garden Salad Fruit Cup Cookie treat!	Mozzarella Sticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
2	Fiestada Pizza <i>or A) Chicken Nuggets with a Dinner Roll</i> Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast <i>or A) Mini Corn Dogs</i> Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Corn Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!	Popcorn Chicken with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich <i>or A) Cheese Pizza with Dipping Sauce</i> Carrot Sticks & Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Carrots Pears <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup <i>or A) Popcorn with a Chicken Breadstick</i> Tator Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Hot Dog on a Bun <i>or A) Hamburger or Cheeseburger on a Bun</i> Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mac & Cheese Pretzel Rod <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Applesauce Cup <i>or</i> Seasonal Fresh Fruit
4	Riblet Sandwich <i>or A) Chicken with a Nuggets Dinner Roll</i> Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce <i>or A) Mini Corn Dogs</i> Carrots <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick <i>or A) Chicken Patty on a Bun (Spicy OR Regular)</i> Mashed Potatoes and Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Tenders with a Breadstick (Spicy OR Regular) <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Cheese Stuffed Breadsticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit Cookie Treat!

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

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August 2025

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					1	2
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September 2025

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31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

S	M	T	W	T	F	S
						1
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December 2025

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