



BREAKFAST Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2026

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
2	Breakfast Bun or) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk
3	Breakfast Muffin or) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll or) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich or) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
4	Breakfast Bun or) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup or) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle or) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup or) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) or) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

USDA is an equal opportunity provider, employer, and lender.

August 2026						
S	M	T	W	T	F	S
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30	31					

September 2026						
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October 2026						
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November 2026						
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December 2026						
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27	28	29	30	31		

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



Lunch Includes:

- *Main or Alternate Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk

LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-
December 2026

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sticks with Syrup or A) Chicken Patty on a Bun (Spicy OR Regular) Tater Tots Mixed Fruit or Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad Frozen Juice Cup	Meatball Sub or A) Popcorn Chicken with a Breadstick Broccoli Pears or Seasonal Fresh Fruit Cookie Treat!	Chicken Tenders (Spicy OR Regular) with a Dinner Roll or A) Hamburger or Cheeseburger on a Bun Waffle Fries or Tossed Garden Salad Fruit Cup	Mozzarella Sticks with Dipping Sauce or A) Cheese Pizza with Dipping Sauce Carrots Applesauce or Seasonal Fresh Fruit
2	Fiestada Pizza or A) Chicken Nuggets with a Dinner Roll Broccoli Pineapple or Seasonal Fresh Fruit Cookie Treat!	Pasta with Meat Sauce & Garlic Toast or A) Mini Corn Dogs Green Beans or Tossed Garden Salad Fruit Cup	Cheese Stuffed Breadsticks with Dipping Sauce or A) Chicken Patty on a Bun (Spicy OR Regular) Corn Applesauce or Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Breadstick or A) Hamburger or Cheeseburger on a Bun Baked Beans or Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich or A) Cheese Pizza with Dipping Sauce Carrot Sticks & Dip Peaches or Seasonal Fresh Fruit
3	Pepperoni Pizza or A) Chicken Patty on a Bun (Spicy OR Regular) Carrots Pears or Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup or A) Popcorn Chicken with a Breadstick Tater Tots 100% Fruit Juice or Seasonal Fresh Fruit	Pork Riblet on a Bun or A) Hamburger or Cheeseburger on a Bun Potato Smiles or Tossed Garden Salad Fruit Yogurt Parfait	Mac & Cheese with a Pretzel Rod or A) Cheese Pizza with Dipping Sauce Green Beans Applesauce Cup or Seasonal Fresh Fruit Cookie Treat!
4	Hot Dog on a Bun or A) Chicken Nuggets with a Dinner Roll Baked Beans Peaches or Seasonal Fresh Fruit Cookie Treat!	Mozzarella Sticks with Dipping Sauce or A) Mini Corn Dogs Carrots or Tossed Garden Salad Mixed Fruit	Salisbury Steak in Gravy with a Breadstick or A) Chicken Patty on a Bun (Spicy OR Regular) Mashed Potatoes and Gravy Applesauce or Seasonal Fresh Fruit	Orange Chicken over Rice with a Breadstick or A) Hamburger or Cheeseburger on a Bun Broccoli or Tossed Garden Salad Mandarin Oranges	Cheese Stuffed Breadsticks with Dipping Sauce or A) Cheese Pizza with Dipping Sauce Green Beans Fruit Cup or Seasonal Fresh Fruit Cookie Treat!

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

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September 2026

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October 2026

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Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan